

LESSON
PLAN

LENGTH 1 hour

OBJECTIVES

Through this activity participants will:

- ❖ Learn what advocacy is.
- ❖ Explore the differences between charitable works and social justice using the “Two Feet” activity.

SUMMARY

Participants will review the explanations of the *Two Feet of Love in Action* through the ***What Is Advocacy?* online presentation**, and learn the differences between charity and social justice. Participants will learn how as Catholics, we are called to follow in Christ’s footsteps and assist in God’s work by making the kingdom present on Earth through social justice and charitable works. The “Two Feet” activity will challenge every participant to think of original responses to social issues while creating and walking the path to “God’s Kingdom.”

PREPARATION

1. Read the directions for the “Two Feet” activity found on page 2 of the lesson plan.
2. Clear the room so that there is a large space for two teams to compete against each other.
3. Place a strip of masking tape across one end of the room as the “start” of the path. Place two long strips of tape, about ten feet apart from each other, perpendicular to the start line. These will be the two “sides” of a wide path. Where the path ends (opposite side of the room from the start line), put a sign or prize to represent the “Kingdom of God.”
4. Copy and cut the following pages with the pairs of feet to make a pile of feet for each team. It is important that each team has pairs of feet (not a single foot) for each issue. For example, each team should have a pair of feet for “abortion,” with one of them reading “charitable works” and the other “social justice”, BUT the pairs of feet for each issue must also be cut so each team member only has one foot.
5. Mix up the order of the feet in each team’s pile so that the pairs will no longer be in order. Assign a different adult leader to be the facilitator/judge for each of the teams, and explain the game to them beforehand.



MATERIALS

- *What Is Advocacy?* online presentation
- *The Second Foot: What Is Advocacy?* handout
- Masking tape (2 additional rolls during the game)
- *Two Feet* activity handouts
- Scissors
- Writing utensils for participants

PROCESS

***What Is Advocacy?* Summary**

Review the *What Is Advocacy?* handout from CCGP:

www.confrontglobalpoverty.org/wp-content/uploads/2016/01/CCGP_what_is_advocacy_US16107.pdf

Two Feet Activity: Directions for the Class

Adapted from the USCCB materials: www.usccb.org/twofeet

Split the class into two teams. Give each team member a paper foot with the text side facing down. Participants should not flip the page over until instructed to do so. Each foot will have a topic printed above it, and it will also say either “Social Justice” or “Charitable Works.” Tell participants to flip their pages over and see which type of foot—Social Justice or Charitable Works—they have and which topic. Then ask them to write down an action they could take that fits with both the foot type and topic. For example, if you have a “Charitable Works” foot and the topic on your foot is hunger, you could write: “Work at a soup kitchen to feed people who are without food.”

After a few minutes, ask participants to hold their paper foot and hop on one foot while sharing their responses with their teammates until they find the team member with a response that complements their own: participants are looking for the team member who shares the same topic, but not the same type of action. In other words, if the first team member has the “Charitable Works” foot with the topic hunger, he or she is looking for someone with the “Social Justice” foot for hunger.

When every team member has found his/her partner, each pair (team of two) will share their topic and responses with the rest of their team. If the team and the facilitator agree that the two partners have given examples that demonstrate their topic and charitable works and social justice actions, the pair can take one step past the start line and tape their paper feet to the ground in that spot before returning to stand with the rest of their team behind the start line. Each subsequent pair will be allowed to step on the footsteps that have already been taped to the ground by previous team members, and then take one additional step, making a path of feet to the finish line.

If the team disagrees or if the participants have incorrectly matched up the two feet, such as two charitable works or two social justice actions, then the partners must stand on one leg until they fix their responses to make a complementary pair of feet. After every pair has taped its feet onto the path, the whole team must walk the path in pairs to the Kingdom of God by stepping on each foot that has been taped on the path until they reach the Kingdom of God. The first team to the Kingdom of God wins!



After completing the activity, have participants reflect on what they learned through the activity using the discussion questions below.

Discussion Questions

- Do you step more heavily with one foot than the other? Which one?
- Is the “two feet”: framework useful in approaching advocacy?
- Did the social justice foot for each topic result in examples of similar actions?
- In your own life, are you more likely to engage in acts similar to the examples given for charitable works or social justice?
- Imagine strengthening your weaker foot by implementing both social justice and charitable works to address that issue. What would it look like? How would you use your skills?

The Second Foot: What Is Advocacy?

Distribute *The Second Foot: What Is Advocacy?* handout, and have participants read and discuss in small groups.

Resources adapted from USCCB *Two Feet of Love in Action for Teens*,
<http://www.usccb.org/about/justice-peace-and-human-development/upload/Two-Feet-of-Love-in-Action-Session-for-Teens.pdf>

